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PRESS INQUIRY



THE FOUNDER

Mohamed "Mo" Ahmed

Engineer · Founder · Investor · Author

Short bio (~50 words)

Mohamed "Mo" Ahmed is an engineer turned founder, investor, and author of The Inside-Out Entrepreneur. Twenty years building AI and cloud-infrastructure companies; multiple successful exits; advisor to 50+ startups across 500 Startups, Techstars, and independent programs.

Medium bio (~100 words)

Mohamed "Mo" Ahmed has spent two decades at the intersection of engineering, entrepreneurship, and

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methodology that he believes is the real moat behind every founder's outcome.

QUOTABLE ONE-LINERS

"Mental resilience is the real moat — not capital, not credentials, not network."

"Most founders fail before the market does. They collapse from the inside out."

"AI lets you ship code in hours. The hard part was never the code — it was the judgment underneath."

"Distribution-first. Evidence over opinions. Honest assessment over false encouragement."

TALKING POINTS

01 The Inside-Out method

A nine-part framework on the inner foundations of startup success — purpose, mindset, mental robustness, body-mind connection, spiritual bedrock, support systems.

02 AI-native founding

The Boundless Stack: 59 Claude Code skills, 12 commands, 9 agents, and 7 hooks that turn Claude into a structured startup advisor with the same frameworks senior founders use.

03 The Founder Sprint

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SELECTED PODCAST APPEARANCES

SHOW	HOST	TOPIC
Driving Change	Jeff Bloomfield	Why most founders flame out
The Misfit Entrepreneur	Dave Lucas	Mental resilience beats funding
Silicon Valley Podcast	Shawn Flynn	Behind the curtain of venture capital
Resilience Unraveled	Russell Thackeray	Building resilient entrepreneurs
Maker-Manager-Money	Kyle Ariel Knowles	Building resilience & mindset
Influential Entrepreneurs	Mike Saunders	Tech executive to entrepreneur
The Richer Geek	Mike Stohler	Mental resilience for entrepreneurs
Versa Business Tips	Shaheen Mazloom	The mindset behind success

BRAND ASSETS



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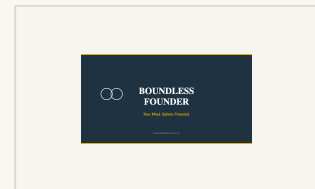
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PALETTE



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Think • Build • Ship

ACCENT — PLAYFAIR DISPLAY ITALIC

boundless.

BODY — NOTO SANS

The mindset, the stack, and the sprint — a complete system for founders who refuse to be limited by conventional thinking.

CONTACT

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Empowering entrepreneurs to build resilient mindsets and successful businesses from the inside out. Join our community of founders who understand that true success starts within.

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